

Dear Diary,

The cold, dark, relentless nights and days were all worth it in the end because now Edmond Hillary and I can say "I was one of the first people to reach the summit of Everest; the highest point on earth." I knew from the first time I climbed Everest as a sherpa I wanted to reach the summit. He found many troubles on the ascent of Everest; Edmond forgot to keep his boots on when we went to sleep at camp nine so in the morning we had to thaw them on the stove!

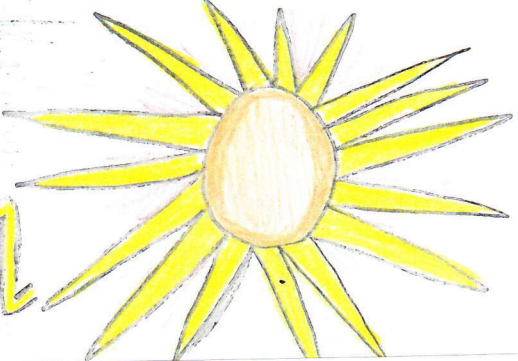
The view from the peak was breathtaking, however I can't say that for the noise at camp nine it was like the roar of a thousand tigers!

When we reached the summit I felt on top of the world... literally! Most of all I felt proud! We stayed on the peak of Chomolungma (the Nepalese name for the mountain,) for 15 minutes and in that time we buried something significant to us; I buried a couple of sweets, that my darling daughter had given to me, as an offering to the gods.

I sit here today on the 29th May 1953 at camp 8 and say....
I REACHED THE SUMMIT OF EVEREST! If it is a shame to be the second man on Mount Everest, then I will have to live with this shame!



Wogga



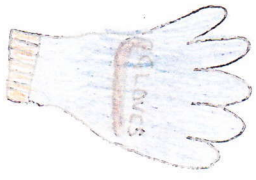
Goggles were used in case there was a blizzard!



Snow goggles



Snow Boots (to grip to the ice and snow)



Gloves these were used so stop people getting frost bites

Equipment:

Mountaineers can only stay on the summit of Everest for 15 mins.

Mount Everest is placed on the border of Nepal and Tibet.

Everest is 29029 feet tall or 8848 metres making it the tallest mountain in the world!

The second tallest mountain is also placed in the Himalayas.



Mount Everest Facts

Birds who can fly as high as 5000 feet carry oxygen capsules!

The lowest temperature ever recorded on Everest is -60°C

At sea level there is 21% oxygen.

At base camp it is 85% oxygen. When you are very high up you can suffer from altitude sickness

Animals & plants:

At sea level there are millions of plants.

Eric Shipton took a photograph of a footprint which is said to be the Abominable snowman's footprint!

Health:

You can suffer from many diseases on the mountain such as:

- Frost Bites,
- Altitude sickness

General facts & History!

The people of Nepal decided to call the mountain Chomolungma.

However the royal geographic society named it Everest with Sir George Everest.

Surveyor general of India, Sir Edmund Hillary and Tenzing Norgay were the first people to climb to the summit of Mount Everest and come back down.

There has been 170 deaths on the mountain.

None known in fact.



When you first see you find it's easier to go bare and softer cases your fingers, toes, feet or hands can fall off.

Sir Edmund Hillary fell down a crowd a bare again the mountain. However Tenzing Norgay saved his life. He pulled him up on a rope which they used together.

Mount Everest Facts 2

Everest was formed over 60 million years ago!

When climbing Everest, mountaineers have to eat 6,000 calories a day as each step wears them out due to the lack of oxygen!



The first solo ascent was by Reinhold Messner on the 20th of August 1980!

Other facts:

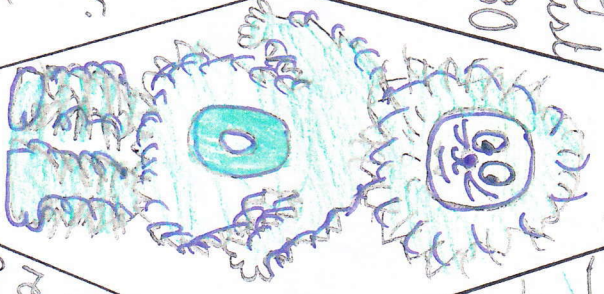
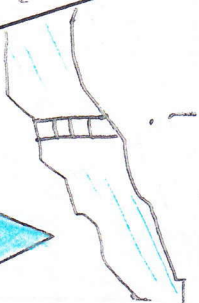
Paul Beaman first went to the summit of mount Everest to collect discarded oxygen masks and general litter.

The Abominable Snowman is thought to be half man and half bear. He also looks a little bit like a snowman.

This is what I think he looks like!



However is a very large crack in the mountain!



When climbing the mountain you eat nuts, bars and other sweets!

Edmund Hillary and Tenzing Norgay reached the summit of Everest on the 29th May 1953

Our Edward